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LAPT - Louisiana Association for Play Therapy

To promote the value of play, play therapy, and credentialed play therapists.



Megan N. Long, LPC, CRC, NCC
Editor

LAPT News

March 19, 2019

Hello, Members!

Happy Spring! Your LAPT Board members are still reflecting on all of the great information presented at the 2019 Annual Conference in February with Liana Lowenstein! We learned about working with resistant clients and those coping with divorce and/or bereavement. The annual conferences are packed with kinesthetic learning activities to facilitate incorporating new techniques with clients. So much fun!

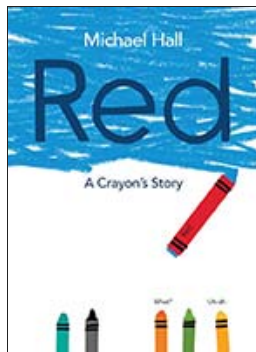


If you would like to learn more about our speaker Liana Lowenstein from our recent conference, check out her website [here](#). It is rich with resources that therapists can consider integrating into their work. Reviewing what we learned at this year's conference is getting us excited for the 2020 conference! Keep your eyes out for details coming soon.

New this month: Featured Resource!

In our effort to make our monthly e-blasts packed with information you will find

helpful, we have decided to add a monthly resource to our newsletter.



Each month, we will feature a book, article, or play therapy item/technique that can be helpful to enhancing your knowledge or something to consider selecting for your play therapy room. Do you have ideas for this feature? Send them to Megan at Megan@bloominnola.com!

For our first monthly resource feature, check out *Red: A Crayon's Story* authored by Michael Hall. This book is great for bibliotherapy with clients and follows the story of Red, who is a blue crayon with a red label. Check out Michael Hall's [website](#) and get your copy of the book on Amazon [here](#).

Member Spotlight



Megan N. Long, LPC, CRC, NCC

Megan is a Licensed Professional Counselor and owner of Nourish Counseling Studio in Metairie, LA. She most enjoys working with children, teens, and young adults integrating playful and creative interventions to focus on anxiety, adjusting to life transitions, and coming out as LGBTQ+. Megan has engaged in numerous research projects and has presented on and published in the areas of intersectionality of gender and disability, ethical decision-making, and attachment styles of adolescents. She also recently began serving the LAPT

board on the communications committee and helps to bring these monthly e-blasts to you! She most loves when children are able to demonstrate ways to incorporate new coping skills into their lives that they learned in therapy! She incorporates both directive and non-directive techniques into her work. To connect with her, visit her website [here](#) or email her at megan@bloominnola.com.

[Would you like to be featured in one of our monthly member spotlights? If so, please send a photo and a brief bio about your work in play therapy to megan@bloominnola.com!

Reminders

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