



CHILD CHATTER



LOUISIANA Association for Play Therapy

THE NEWSLETTER OF LAPT
Volume 12 - Issue 2

State Pride Edition!

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Registered Play Therapist - Supervisor
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Registered Play Therapist - Supervisor
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Kristy A. Brumfield, PhD, LPC, NCC,
Registered Play Therapist - Supervisor
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Gerra Perkins, PhD, LPC, NCSC, NCC,
Registered Play Therapist
Promotions & Publicity North

Nicole M. Bartlett, LPC-S, LMFT
Promotions & Publicity South

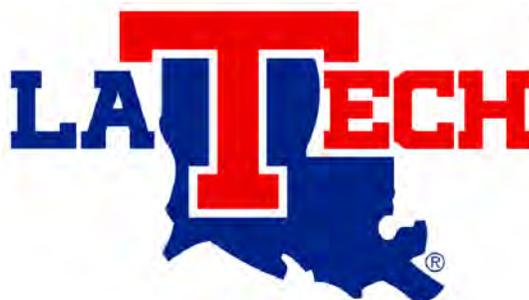
Marcia Cox, LCSW,
Registered Play Therapist - Supervisor
Gold Branch





DEAR LAPT MEMBERS AND FRIENDS,

WE DECIDED TO TAKE A BREAK FROM BUSINESS AS USUAL TO SHOW OUR PRIDE AND APPRECIATION FOR PLAY THERAPISTS DOING REMARKABLE THINGS IN OUR STATE. REGARDLESS OF IF YOUR WEEKENDS ARE SPENT YELLING WHODAT! GEaux TIGERS! OR ROLL WAVE! WE CAN ALL BE PROUD TO SAY, "YAY! PLAY!"





LOUISIANA PRIDE

Please send us an email detailing your recent achievements or examples of how you promoted play therapy to the newsletter editor.

LeAnne Steen (New Orleans)



Authored the

October 2010 Mining Report

Parent Consults: Beyond Engagement

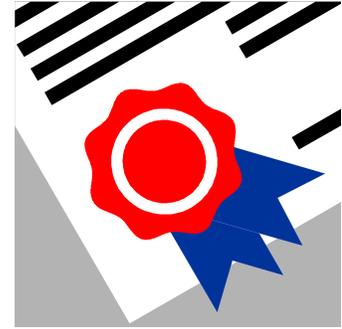
recently featured on the

Association for Play Therapy homepage.



Check us out on the web at

www.la4pt.org



Registered Play Therapist - Supervisors

Eileen Black - Monroe

Kristy Brumfield - New Orleans

Marcia Cox - Baton Rouge

Judy Crow - Ruston

Karen Daboval - Metairie

Erin Dugan - New Orleans

Carolyn Ellender – Baton Rouge

Laura Fazio-Griffith - Baton Rouge

Eric Green - Youngsville

Barbara B. Hebert - Covington

Latifey LaFleur - Lafayette

Ann Landry - Lake Charles

Lisa Longenbaugh - Monroe

Ray Melerine - Lake Charles

Michelle Niemeier - New Orleans

Scott Riviere - Lake Charles

LeAnne Steen - New Orleans

Jannette Sturm-Mexic - New Orleans

Phyllis A. Taylor - Monroe

Daniel Yeager - Lafayette

Marcie Yeager - Lafayette

Registered Play Therapists

Sandy Allen - Ruston

Catherine Austin – Covington

Stacey Boitnott – Slidell

Susan Brocato - Hammond

Amanda Chapoton - Baton Rouge

Melissa Desforges – Hammond

Wendy Durant – Kenner

Sheila Gold – New Orleans

Birdie Harter - Lake Charles

Karen Houghtaling - Metairie

Annette Kellogg - West Monroe

Adrienne Lolan – Metairie

Tina Musacchia - Independence

Kathryn O'Neil - Mandeville

Gerra Perkins - Natchitoches

Demetra Thomas – Kenner

Esther Townsend – West Monroe

Anamaria Villamarin-Lupin - New Orleans

Alexis Wedgeworth - Shreveport

Angel Werner – River Ridge

Remember "RPT" is a protected Physical Therapy credential in Louisiana, when in doubt write it out!

Meet an LAPT Board Member



My name is: Michelle Niemeier

What I do for the board: Workshops and Conferences Chairperson

Why and when I joined the board: Initial discussions about the possibility of me joining the board occurred at the APT conference in 2008, and then I was invited to join the board following the LAPT conference in 2009. I love play therapy and wanted to be able to represent my discipline (Psychology) on the board with the hope of inspiring more psychologists to pursue training in play therapy.

I play at (where I work and what I do for fun): Family Behavioral Health Center in Mid-City New Orleans. For fun, I spend time with family, friends, and my dogs; I also enjoy live music, reading, watching movies, roller skating (retired roller derby), officiating roller derby bouts, and traveling as much as I can afford.

Where I learned to play (school/trainings): University of Texas at Austin (graduate school), the Astor Home for Children in Rhinebeck, NY with intensive training and supervision by Dr. Athena Drewes (predoctoral internship), a few LSUHSC workshops conducted by Dr. Erin Dugan, and other conferences and trainings.

Why play therapy: I love working with children and "Play is a child's natural medium for self expression" –Virginia Axline

My favorite play therapy book (why?): *Dibs in Search of Self*, Virginia Axline. This book inspired me. It was assigned reading for an introductory play therapy course that I took as an elective in graduate school.

My favorite children's book: *The Kissing Hand* by Audrey Penn. I used to read this book to my son every night when he was young.

My favorite play therapy technique: I enjoy using sandtray and a nondirective child-centered approach, but I also use cognitive-behavioral play therapy in my practice. Also, I think the Play Genogram developed by Eliana Gil is also really informative.

My favorite play therapy quote:

"We don't stop playing because we grow old; we grow old because we stop playing."
--George Bernard Shaw, playwright

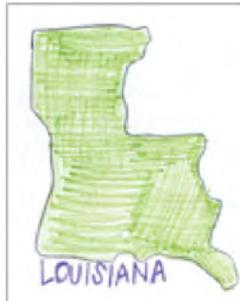
Books for the young and the young at heart:

Bibliotherapy, Professional Development and more

In this section you will find books for therapists and their clients, contact the editor to add your favorites. Don't forget to visit the APT bookstore at <http://www.a4pt.org/bookstore.cfm>!

Oh, the Gulf Coast We Know!

A Healing Journey Through Louisiana's Coastal Parishes



BY: ERIN M. DUGAN, PHD., LPC-S,
REGISTERED PLAY THERAPIST SUPERVISOR
&
ADRIANNE R. LOLAN, MHS, CRC, LPC,
REGISTERED PLAY THERAPIST

"Oh, The Gulf Coast We Know! A Healing Journey Through Louisiana's Coastal Parishes" tells the story of Otis, the Oyster, and Shelby, the Shrimp, who are worried about the affects of the 2010 Deepwater Horizon Oil Spill on their Louisiana coastal line. Otis and Shelby are wondering what to do when Stanley, the wise turtle, comes upon them as they are discussing their questions and worries. Stanley invites Otis and Shelby to hop aboard his boat and travel down the Louisiana coastal line to visit each parish that is dealing with the affects of the disaster. While they dock, Stanley teaches Otis and Shelby a coping skill to help them replace their questions and worries with a more appropriate choice. This child oriented book may be read by caregivers, teachers, and counselors to help children, students, and clients learn how to cope when questions and worries arise. The book provides a "Top 10" list of tips for children to utilize when they are feeling anxious, a caregiver/teacher guide to help kids identify and address questions that may arise due to the affects of natural and man-made disasters, and lastly, the a resource for caregivers and professionals working with children to increase their awareness of signs presenting in children who may require professional services and/or consultation.

Purchase NOW for \$13.00 plus tax!

For additional copies please contact

Erin Dugan emart3@lsuhsc.edu or (504) 920-4333

or

Adrienne Lolan Adrienne@nolaplaytherapy.com or (504) 309-1049

To Order:

<http://www.nolaplaytherapy.com/Products.html>

Louisiana All-Star Trainings



PLAY THERAPY AT HOME

The LCA Annual Conference was in New Orleans this year (September 18 - 22, 2010) and had **five** play related sessions again this year!

Sunday, Sept. 19

Laura Fazio-Griffith (Baton Rouge) & **Jennifer Curry** (Baton Rouge) *Play Therapy for Elementary School Counselors: Introduction to the Concepts and Methods of Working with Special Populations.*

Monday, Sept. 20

LeAnne Steen (New Orleans) *Adapting Filial Therapy for Pediatric Oncology Patients and Parents*

Latifey LaFleur (Lafayette) & **Irv Esters** (Lafayette) *Art & Play Therapy Strategies for Working with Adolescents*

Adrienne Lolan (Metairie) & **Erin Dugan** (New Orleans) *Play Therapy and Caregivers*

Wednesday, Sept. 22

Kristy Brumfield (New Orleans) & **Gerra Perkins** (Natchitoches) *The Effective Use of Play in Family Therapy*

Here We, Hear We...



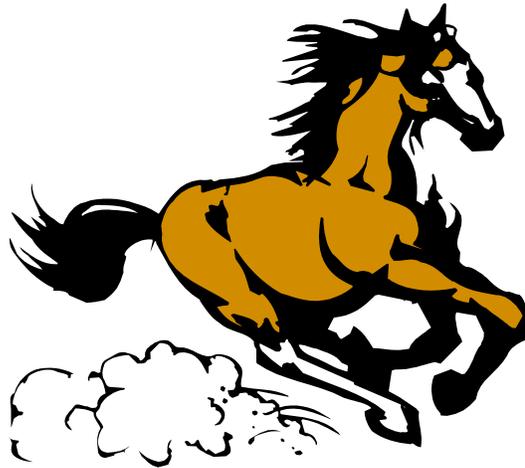
Join us in congratulating
2010 Leadership Graduates

Kristy A. Brumfield (New Orleans)

&

Gerra W. Perkins (Natchitoches)

PLAY AWAY



Association for Play Therapy 27th Annual International Conference in Louisville, KY, October 12 - 17, 2010

Wednesday, Oct. 13

Scott Riviere (Lake Charles) *Baby Talk: Using Play to Optimize Infant Development*

Thursday, Oct. 14

LeAnne Steen (New Orleans) & **Thomas Foster** (New Orleans) *You Are Never Too Old to Play: Using Play Therapy with Older Adults*

Friday, Oct. 15

Danny Yeager (Lafayette) & **Marcie Yeager** (Lafayette) *Executive Function: What's Play Got to do With it?*

David Crenshaw & **Eric Green** (Youngsville) *Honoring Symbols and Depth in Play Therapy: Contemporary Psychodynamic and Jungian Approaches*

Danny Yeager (Lafayette) *Strengthening Executive Function for Children with ADHD: A Play Therapy Approach*

Saturday, Oct. 16

Scott Riviere (Lake Charles) *Too Cool to Play: Creative Interventions for Adolescents!*

Erin Dugan, PhD, at the Louisiana State University Health Sciences Center continues to offer regularly scheduled Friday workshops. The workshops begin at 8am and end at 5 pm. Dr. Dugan is a Registered Play Therapist - Supervisor and all registrants will receive 8.0 play therapy contact hours for Friday workshop attendance and 1.5 contact hours for Brown Bag attendance. Call (504) 568 - 4329 or email emart3@lsuhsc.edu for further information or to be added to the mailing list.

If you are aware of upcoming trainings and would like to see them included in this space contact the editor.

Integrating Play Therapy with TF-CBT

Workshop for:

Social Workers, Licensed Professional Counselors & School Counselors

3 CEU's

(NBCC & APT approved)

Friday, November 5th, 2010

8:30 – 12:00

(Continental Breakfast Provided)

\$50 professional / \$15 student

Trauma-**F**ocused **C**ognitive **B**ehavioral **T**herapy (TF-CBT) is a proven, short-term treatment model for children, youth and families who are experiencing emotional or behavioral symptoms related to trauma. TF-CBT teaches coping skills and helps youth and families tell the story of the trauma they've experienced. Research studies consistently show a reduction in trauma symptoms for children treated with TF-CBT. Because of the flexibility of this model play therapy can easily be integrated into the eight components of TF-CBT. (This workshop does not qualify as TF-CBT certification).

Workshop participants will:

- Gain a broad understanding of Play Therapy and TF-CBT
- Learn the eight components of the TF-CBT model
- Learn play therapy interventions appropriate for each component of TF-CBT
- Strengthen skill base in working with youth who have experienced trauma

Sponsored by: Family Counseling Center
a service of the

Louisiana United Methodist Children and Family Services, Inc.

Presenter: Sandy Allen, LPC, Registered Play Therapist

Location: Louisiana Methodist Children's Home / Chapel
901 South Vienna
Ruston, LA 71270
318-255-5753

To register: complete bottom portion, include check or money order made out to FCC, mail to:

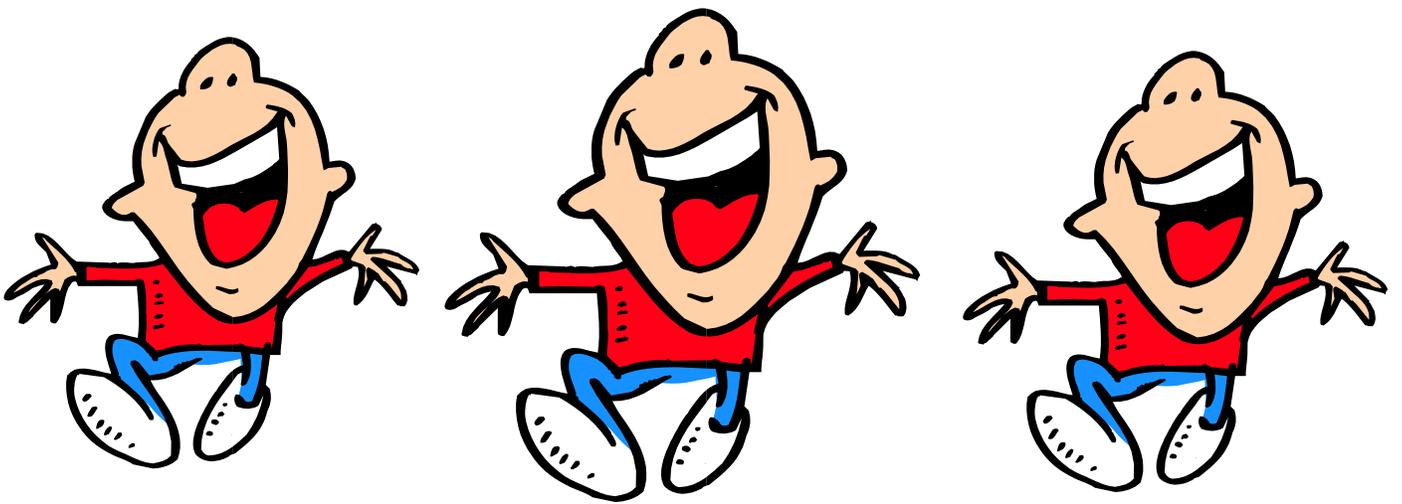
Family Counseling Center
PO Box 929
Ruston, LA 71273-0929

Name: _____ Credentials: _____
(FIRST) (LAST)

Address: _____
(STREET / P.O. BOX) (CITY) (STATE) (ZIP)

Phone: _____ Workplace: _____

Please use one form per participant.



If you're still looking for more Louisiana reading check out the latest issue of the *Play Therapy Magazine*. Adrienne R. Lolan and Erin M. Dugan have a cover story article!

Engaging Caregivers in Play Therapy:

A Review of Common Questions and Misconceptions Posed by Caregivers to Play Therapists in Louisiana.

Mission Statement

To promote the value of play, play therapy, and credentialed play therapists.

To satisfy this mission, the Association for Play Therapy will advance the psychosocial development and mental health of all people by providing and supporting those programs, services, and related activities that promote the:

1. Understanding and valuing of play and play therapy.
2. Effective practice of play therapy through education, training, and research.
3. Recognition, incorporation, and preservation of diversity in play therapy.
4. Development and maintenance of a strong professional organization to accomplish these objectives.



CHILD CHATTER:

The Newsletter of LAPT

A note from the Editor

Space is available for those wishing to advertise continuing education opportunities, products, or other services. The following rates have been adopted: full page - \$100; half page - \$50; quarter page - \$25. A discount of "4 for the price of 3" is given if you choose to advertise in 4 consecutive issues.

If interested, please contact Kristy Brumfield, (504) 250-4178 or send e-mail to brumfiek@bellsouth.net.

We welcome contributions to the newsletter, such as play therapy techniques, website recommendations, and books. LAPT reserves the right to reject or accept any submission.

I look forward to continuing as your newsletter editor and hope to hear from you soon.

Kristy Brumfield

Play Therapy

"The systematic use of a theoretical model to establish an interpersonal process wherein trained play therapists use the therapeutic powers of play to help clients prevent or resolve psychosocial difficulties and achieve optimal growth and development."

Why play?

Play is a child's natural form of communication just as talking is an adult's natural way of communication. Children, even children who are quite talkative, express themselves more fully through their play. Emotions are often difficult to understand for children and even more difficult to express. Play provides a non-threatening way for children to express themselves.