



CHILD CHATTER



LOUISIANA

THE NEWSLETTER OF LAPT
Volume 10 - Issue 3

Association for Play Therapy

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^ Our greatest
Natural resource
Is the minds
Of our children. ^
- Walter Elias Disney



LETTER FROM THE PRESIDENT

LAPT NOVEMBER 2008

Dear Friends,

I hope this finds all of you doing well and playing daily! It's so good for the soul.

2008 PLAY THERAPY CONFERENCE:

Speaking of playing, The 25th Annual International Play Therapy Conference is now history. It was an outstanding six days of very informative continuing education, camaraderie, fun, play, and hard work for those of us who worked at the conference or presented. I am so very proud of LAPT and our Louisiana mental health professionals. At my last count we had 22 attendees, and I may have missed a few. Those attending from your Board were Ray Melerine, Marcie Yeager, Marcia Cox, Carolyn Ellender, and Erin Dugan as well as I. Also attending from LA were Danny Yeager (also presenting), Scott Riviere (also presenting), Esther Townsend, Robert Garfield, Sue McCann (also presenting), Tiffany Reed, Kathryn O'Neill, Anna Maria Villamarin-Lupin, Michelle Neimeier, Sharon Kilcoyne, Bernadette Kray, Lisa Longenbaugh, Pamela Farnsworth, Susan Bocato, Judy Crow, and Gene Hayes. WOW!!! Louisiana ROCKS!!! And PLAYS!!!

The [2009 Conference](#) will be held in the Peachtree City, Atlanta, GA. I hope that we can have another record breaking attendance, so keep your eye on the APT website, www.a4pt.org for information.

MARK YOUR CALENDARS!

What: LAPT 2009 Annual Conference

When: March 6 & 7, 2008

Where: Loyola University, New Orleans, LA

Keynote Speaker, March 6: Dr. Sue Bratton, *Family Play Therapy*.

Sectionals, March 7: these will include 1.5 hour and 3 hour workshops geared to meet the needs of those beginning the play therapy journey as well as topics to address the needs of more seasoned play therapists. There will also be workshops for those of you working towards your RPT/S. Some of these topics will address issues such as the History of Play Therapy, and Introduction to Play Therapy, Play Therapy for Grieving Children and Adults, Play Therapy for Survivors of Sexual Abuse, Play Therapy for Substance Abuse Issues, Sandplay with Couples, Sandtray with Families, Play Therapy Theory and on and on. The Conference promises to be exciting, entertaining, and educational.

Look for your Registration Brochure to be mailed in the next few months. Visit our website at www.la4pt.org to receive updated information about the conference and LAPT.

Continue to monitor the LAPT website for the latest information.

LAPT, in conjunction with APT, is committed to providing you with the most up to date information regarding the use of Play Therapy as a proven theoretical model. LAPT offers Play Therapy education through our annual conference. Several of our Board members and members-at-large offer Play Therapy trainings throughout the year. By visiting the www.la4pt.org and www.a4pt.org websites you can stay abreast of all trainings offered not only in Louisiana, but also throughout the country.

ONGOING MEMBERSHIP DRIVE:

LAPT continues our Membership Drive. Each of you can help to spread the word about Play Therapy by talking with your colleagues and encouraging them to attend our Annual Conference and join LAPT.

Remember, you do not have to be a Board Member or RPT/S to **promote Play Therapy**. You can do a presentation about Play Therapy at your local NASW or LPC meeting, to your local OCS, or to your local churches or civic organizations, or anyone else who will listen. *Please be sure to let the Board know when you present a Play Therapy topic.* If you would like assistance in presenting or just some suggestions, please feel free to contact any of your Board Members.

We want to see you become more involved in your organization. Please let one of us know if you have an interest in serving on the Board or if you have a topic you feel comfortable presenting at future workshops.

HOW YOU CAN PROMOTE PLAY THERAPY:

- ◆ Present a program to local PTAs on problems children face and how a PTA can help. Be sure to acquaint them with Play Therapy and how it helps kids overcome problems.
- ◆ Present to a mental health center staff.
- ◆ Do a newspaper story/article about the benefits of Play Therapy.
- ◆ Promote Play Therapy in your parent groups.
- ◆ Present to the Junior League.
- ◆ Present to a mom's group at a local church.
- ◆ Present at your local licensure monthly meetings.
- ◆ Present a workshop on Ethics and working with children using Play Therapy.

LAPT Board members will be more than happy to help you with your presentation including providing you with copies of the *Why Play Therapy* brochure and membership applications. If you do a presentation, be sure to let us know so we can send the information in to APT.

SYMPATHY: The LAPT Board wishes to extend our greatest sympathy to our Membership Chair, LeAnne Steen and Andrew Morgan, at the loss of one of their infant twin daughters, Farrah. LeAnne is staying in Texas with family. She and twin Anikah are doing well. For those of you wishing to write to her she can be contacted at her mother's home in care of: Paulette Steen, 2901 Ridgeview Dr., Plano, TX 75025. Friends of the family have established an account to help defray expenses. Donations can be made to Bank of America. FBO Farrah Morgan Family, account number 488018619649. This bank is in Texas.

Thanks to all of you for your dedication to the children of Louisiana. LAPT can only be successful in promoting Play Therapy if you are involved as a shareholder.

Stay playful and remain young at heart.

Ann Landry, LCSW, RPT-S

President, LAPT





Congratulations to LAPT Board Member Erin Dugan and all other graduates of the 2008 Leadership Academy!

The Leadership Academy was established in 2004 as an orientation about leadership attributes, the Policy Governance© Model, and how APT conducts its daily business with members.

Leadership Academy syllabus and enrollment form can be found on the APT website



LOUISIANA PRIDE

Recent LAPT Members to earn Registered Play Therapist Credential

Please send us an email detailing your recent achievements or examples of how you promoted play therapy to the newsletter editor.

Esther Townsend, LPC, West Monroe

Remember "RPT" is a protected Physical Therapy credential in Louisiana, when in doubt write it out!

Several LAPT members presented at conferences since our last newsletter. In addition to the APT presenters noted in the President's letter, Hope Bell, Kristy Brumfield, Erin Dugan, Laura Fazio-Griffith, Suzanne Hamilton, Gerra Perkins, and Jannette Sturm-Mexic gave play therapy related presentations at the Louisiana Counseling Association (LCA) conference and the Southern Association for Counselor educators and Supervisors (SACES) conference. Drs. Dugan and Fazio-Griffith hosted play therapy workshops at LSU and



Keynote Speaker | Sue Bratton, Ph.D., LPC, RPT-S | Family Play Therapy

Louisiana Association for Play Therapy presents

the many Faces of play therapy



march 6 & 7, 2009
Loyola University
New Orleans



Friday, March 6, 2009

Family Play Therapy

Sue Bratton, Ph.D., LPC, RPT-S



Abstract:

Meta-analytic research shows that the effectiveness of play therapy can be significantly enhanced by involving parents/families in a child's therapy. More importantly, family play therapy provides the additional benefit of strengthening familial relationships as well as enhancing the dynamics of family interactions. Then, there are the protective factors gained from family play therapy that can prevent the onset of future problems.

Participants are to come dressed comfortably for a hands-on day to learn and experience a variety of play and expressive interventions for use with families and children of all ages. Participants are asked to bring markers, crayons, scissors, glue, 1045 mini-turks plus a small container of Play-Doh or model magic.

Workshop Objectives:

- Attendance at this workshop will enable participants to:
1. Discuss 3 rationales for including parental/families in a child's therapy.
 2. Utilize an informal play assessment to clinically assess the appropriate level of parental involvement in play therapy.
 3. Utilize at least 4 family play therapy interventions.
 4. Discuss strategies for helping parental/families process family play activities.

About the presenter:

SUE BRATTON, Ph.D., LPC, RPT-S is the Director of the Center for Play Therapy and its Associate Professor at The University of North Texas. She is a respected lecturer, author, researcher, and clinician with extensive experience in individual and group play therapy, as well as, family play therapy. Dr. Bratton is known nationally and internationally for her training workshops and presentations and has presented extensively throughout the United States and in South Africa, Australia, England, Ireland, and Canada.

Dr. Bratton is a Past-President of the Association for Play Therapy and has served on the APT Board of Directors for six years.

She is the co-author of *The World of Play Therapy Literature* and is the co-author of a textbook *Child-Parent-Relationship Therapy (CPRT): A 10-Session Filial Therapy Model* and the accompanying *CPRT Treatment Manual and CD-Rom*.

Saturday, March 7, 2009

Section 1 (8:00-10:00)

- A. An Introduction to Play Therapy and Play Therapy Skills (Part 1)
Dorinda Dugan, PhD, LPC, RPT (F)
- B. Play Therapy with Sexually Abused Children & Adolescents
Ann Landry, MSW, LCSW, RPT-S (S)
- C. Parental Play Therapy Strategies for Treating Adolescent Drug Abuse & Children of Alcoholics/Addicts
Ray Watkins, MA, LPC, LMFT, RPT-S (S)
- D. Utilizing Sandtray Therapy in Couples Counseling (Part 1)
Jennifer Cury, PhD, and Laura Fazio-Gryff, PhD, LPC-S, LMFT-S, RPT-S, NCC (S)

Section 2 (10:15-11:45)

- A. An Introduction to Play Therapy and Play Therapy Skills (Part 2)
Dorinda Dugan, PhD, LPC, RPT (F)
- B. Theater and Play Therapy
Leanne Steen, PhD, LPC, RPT-S (F)
- C. The Family that Plays Together
Kathy Brunfield, PhD, NCC, Counselor Intern and Gena Perkins, PhD, LPC, NCC, NCSO (S)
- D. Utilizing Sandtray Therapy in Couples Counseling (Part 2)
Jennifer Cury, PhD, and Laura Fazio-Gryff, PhD, (S)

Section 3 (1:00-2:30)

- A. The Evolution of Play to Play Therapy: The History & Development of Play Therapy
Carol A. Glendon, M.Ed., MSW, LCSW, LPC and Maria Cox, MSW, LCSW, RPT-S (F)
- B. Playing Away the Blues: Play Therapy for Grieving Children and Adults (Part 1)
Suzanne McCann, M.Ed., MA, LPC, LMFT, LAC (S)
- C. Staking in Talk Therapy Guidelines: Using Sandtray with Families
Larley LaRue, PhD, LPC, RPT and Hope Gell, MS, NCC (S)
- D. Play Therapy on the Move: Tips for Traveling Therapists and School Counselors
Scott LeJoux, MS, LPC (F)

Section 4 (2:45-4:15)

- A. Therapeutic Limit Setting in Play Therapy
Leanne Steen, PhD, LPC, RPT-S (F)
 - B. Play Away the Blues: Play Therapy for Grieving Children and Adults (Part 2)
Suzanne McCann, M.Ed. (Part 2) Suzanne McCann, M.Ed. (S)
 - C. Video Gaming Addictions: Implications for Play Therapists
Kathy Brunfield, PhD and Gena Perkins, PhD (S)
 - D. Play Therapy Techniques for Dependent Children
Justine Dunn-Moore, PhD, LPC-S, RPT-S (S)
- F- Foundations for play therapy - S- Special issues/populations - P- Play therapy practice

We thank the Loyola Department of Counseling for co-sponsoring the conference.



LAPT Conference Sponsors / Exhibitors

**Would you like to place an advertisement in the
LAPT Annual Conference Brochure?**

(It is sent to 4,000+ therapists in Louisiana and your flyer can be inserted in the conference packets given to all attendees)

**Would you like to have an exhibit at the
LAPT Annual Conference?**

(With 100+ attendees, display for 2 days in the
Conference Registration area)

Upcoming Trainings ...

The use of Play Therapy as a means of Diagnosing will be offered at the University of New Orleans on December 5 and 6. Friday from 5:00pm-9:00pm and Saturday from 8:00-5:00pm. Please send inquiries about the class to Triplettrippin@aol.com

If you are interested in receiving an Introduction to Play Therapy Workshop in December please contact Dr. Erin Dugan (emart3@lsuhsc.edu). The date will be determined based upon those who request the workshop.

If you are aware of upcoming trainings and would like to see them included in this space contact the editor.

Mission Statement

To promote the value of play, play therapy, and credentialed play therapists.

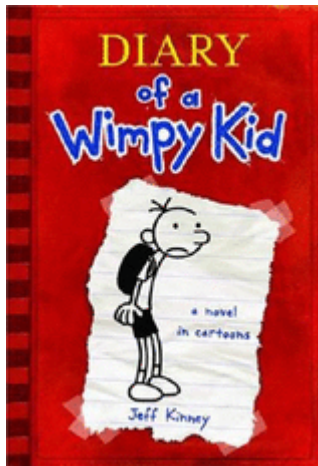
To satisfy this mission, the Association for Play Therapy will advance the psychosocial development and mental health of all people by providing and supporting those programs, services, and related activities that promote the:

1. Understanding and valuing of play and play therapy.
2. Effective practice of play therapy through education, training, and research.
3. Recognition, incorporation, and preservation of diversity in play therapy.
4. Development and maintenance of a strong professional organization to accomplish these objectives.

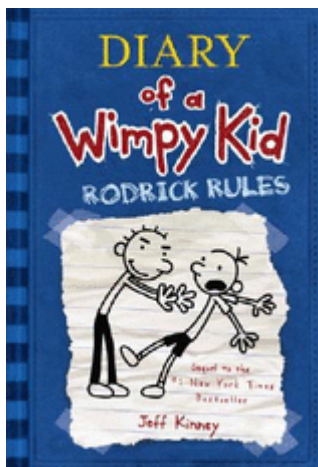
Books for the young and the young at heart:

Bibliotherapy, Professional Development and more

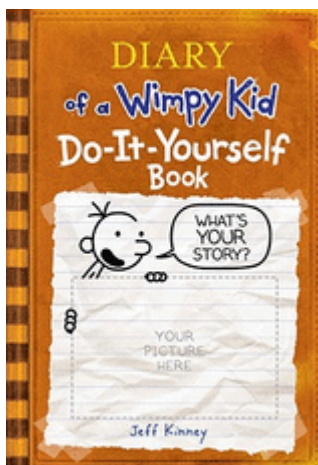
In this section you will find books for therapists and their clients, contact the editor to add your favorites. Don't forget to visit the APT bookstore at <http://www.a4pt.org/bookstore.cfm>!



An exciting new series begins. Greg Heffley is thrust into middle school, where undersized weaklings share the hallways with kids who are taller, meaner, and already shaving. The hazards of growing up are uniquely revealed through words and drawings as Greg records them in his diary.

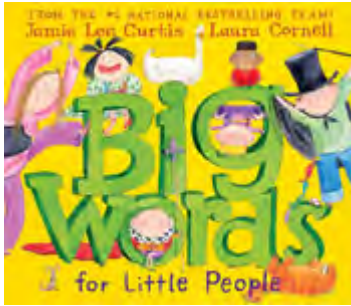


This follow-up to the "New York Times" bestselling "Diary of a Wimpy Kid" chronicles Greg Heffley's attempts to navigate the hazards of middle school, impress the girls, and to keep his secret safe--especially from his older brother Rodrick, who would be happy to spill the beans.



Based on the diary of character Greg Heffley, this innovative journal lets kids express themselves. With artwork throughout, it includes blank pages for readers to create their own stories, keep their own diaries, and record their favorite things. of full-color comics.

Visit www.wimpykid.com for more information about Jeff Kinney's books!



Jamie Lee Curtis and Laura Cornell help little people COMMUNICATE in a big person's world. With grown-up words like COOPERATE, RESPECT, PATIENCE and CONSIDERATE, a big boisterous and zany family CELEBRATES the power of language and discovers that words—big or little—are the bridge that connects us all.

For 7 other Jamie Lee Curtis and Laura Cornell books PLUS activities, games, and teaching resources visit www.jamieleecurtisbooks.com



When parents turn to the parenting / self-help section of their local bookstore, they are looking for both practical guidance and a childrearing philosophy that resonates with them - an approach they can relate to and be comfortable implementing in their own household. In *The Parent Survival Guide: From Chaos to Harmony in Ten Weeks or Less*, Theresa Kellam presents a way to strengthen the relationship with the child that simultaneously promotes the parent's own emotional healing and wellness. Grounded in a research-supported therapeutic technique that uses structured play time as the catalyst for interpersonal connection and growth, Kellam's model is subtle in its simplicity. Through a series of guided exercises, Kellam gives parents the skills they need to begin to set aside special playtimes with their children, during which the most important part of the process is simply "being there" in a way that promotes healing, growth, and communication. The beauty of this approach is that in only 30 minutes, once a week, the results can be seen in only a few weeks. Features of the book include:

"Parent Survival Tip" at the start of each chapter

Original cartoon illustrations bring text to life

Short but insightful worksheet questions bring focus to the program

The *Parent Survival Guide* is structured over a series of 10 chapters, which can be read in conjunction with the 10-sessions of the CPRT workshops for those parents enrolled in a formal filial training program. But the material in the book is designed to be read and implemented by anyone. The author is not only a licensed psychologist and filial therapist, but she has also gone through the program with her own son and continues to rely on its principles within her family.

From <http://www.routledge.com/books/The-Parent-Survival-Guide-ISBN9780415989343>



CHILD CHATTER:

The Newsletter of LAPT

Letter from the Editor

Space is available for those wishing to advertise continuing education opportunities, products, or other services. The following rates have been adopted: full page - \$100; half page - \$50; quarter page - \$25. A discount of "4 for the price of 3" is given if you choose to advertise in 4 consecutive issues.

If interested, please contact Kristy Brumfield, (504) 250-4178 or send e-mail to brumfiek@bellsouth.net.

We welcome contributions to the newsletter, such as play therapy techniques, website recommendations, and books. LAPT reserves the right to reject or accept any submission.

I look forward to continuing as your newsletter editor and hope to hear from you soon.

Kristy Brumfield

Play Therapy

"The systematic use of a theoretical model to establish an interpersonal process wherein trained play therapists use the therapeutic powers of play to help clients prevent or resolve psychosocial difficulties and achieve optimal growth and development."

Why play?

Play is a child's natural form of communication just as talking is an adult's natural way of communication. Children, even children who are quite talkative, express themselves more fully through their play. Emotions are often difficult to understand for children and even more difficult to express. Play provides a non-threatening way for children to express themselves.